

SALIVA COLLECTION INFORMATION

Please write the date and time you provided the saliva sample. Enter any comments you might have about the collection.

Date ____/____/____ Time ____:____
MM DD YYYY AM PM
circle AM or PM

If you have any comments about the collection, please enter them below.

REMINDER: Do NOT write your name, address or any other identifying information about you on the sample container, the booklet or the shipping box. The laboratory receiving your sample is not allowed to know this information.

Laboratory use only; do not write below.

Enclosed in shipment: saliva collection tube

Affix participant label here



Saliva Kit Collection Instructions

Thank you for agreeing to provide a saliva sample. Please read through this booklet before providing your saliva sample. Below are the items included in this collection kit. Please confirm that you have each item.

Then read the collection instructions on pages 2 and 3.

Complete the information on page 4 after the sample is collected.

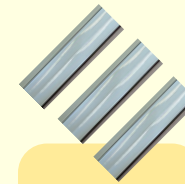
Remember, please review all instructions before you begin!



Saliva collection supplies



Plastic zip-close bag with absorbent square



3 Tape Strips



Shipping box with pre-paid return label

COLLECTING A SAMPLE USING THE SALIVA COLLECTION KIT

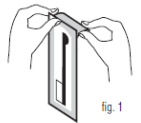
Please read and make sure you understand all directions before starting the sample collection process.

STEP 1

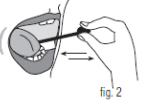
Do NOT eat, drink, smoke or chew gum for 30 minutes before giving your saliva sample. Do NOT spill any of the liquid already in the tube.

STEP 2

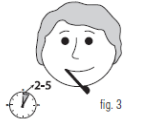
Follow these instructions to collect sample:



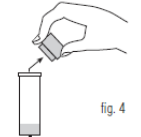
1 Open the bag containing the sample container and collection pad. Remove collection pad from packaging.



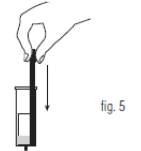
2 Place collection pad inside mouth between gum and cheek. Gently rub pad back and forth until pad is moist.



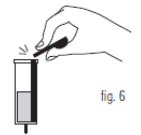
3 Leave pad between gum and cheek for 2 minutes. Set a timer or watch the second hand on a clock to time yourself. Do not leave pad in mouth for more than 5 minutes.



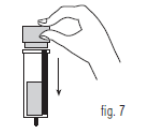
4 Holding the container upright, rock cap gently back and forth to remove from container. Avoid spilling liquid contents.



5 After 2 minutes in mouth, remove collection pad and insert, pad-side down, into container.



6 Hold the top of the collection pad shaft and press against side of container to break off the top. The pad and lower shaft will remain in the container.



7 Replace cap securely on container. It will 'snap' in place.

STEP 3

Record the date and time you collected your saliva sample on page 4 of these instructions. If you have any comments, please record these, too.

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STEP 4

Place the saliva container inside the plastic bag with the absorbent square. Press out extra air and seal the bag closed.



STEP 5

Open the shipping box. Remove the silver-colored lid. Place the sealed bag and this booklet inside the shipping box.



Press the raised button on the underside of the silver lid to activate cooling. The Nano-cool logo will turn blue to indicate activation. Note: do this just before shipping! Place the activated lid on box.



Close the flap over the lid and tuck in flaps.



STEP 6

Seal the box lid securely with the 3 strips of tape: 1 on each side, 1 at the middle bottom. Your LLFS RA will schedule a FedEx pickup for you. Contact FedEx for a package pickup (1-800-GO-FEDEX) or drop off at a FedEx service center. You should plan to ship the package the same day the sample is collected.

